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**CORPORATE  
WELLNESS**  
EDITION



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# First Wellness Testing Group

## Simple, Flexible, and Delivering Consistent Results

In today's hybrid work setup, it has become increasingly vital for employers to recognize and address the distinctive requirements of their workforce. Personalized wellness programs have emerged as a crucial aspect in this realm. To meet this pressing need, a revolutionary solution has taken shape - hybrid wellness testing. By seamlessly blending traditional testing methods with state-of-the-art technologies, this innovative approach offers a comprehensive and all-encompassing method for evaluating employee well-being.

For corporations seeking to navigate the new terrain of hybrid work culture and ensure employee well-being, First Wellness Testing is a beacon of light. It is one of the global leaders in providing wellness testing services for corporations worldwide. Its services are designed to meet the unique needs of remote workers and help corporations reorganize and adapt their wellness programs to address these challenges.

"We specialize in providing personal wellness programs and holistic wellness testing, including mental health, in monitoring employees' well-being," says Camilla Nordström, vice president, Global Strategy at First Wellness Testing. The services also include remote testing options, which have become increasingly important in the wake of the COVID-19 pandemic.

First Wellness Testing has established a stellar reputation for its unwavering commitment to delivering consistent and top-notch wellness testing services on a global scale. At the heart of its core vision, the professionalism shines through, emphasizing the relentless pursuit of delivering reliable results time and time again.

What sets this company apart is its remarkable adaptability in catering to clients' needs across diverse regions and time zones. This is made possible by their ingenious use of a single IT system called RexBooker, which fosters seamless communication and ensures consistent testing protocols across all locations. Moreover, this approach alleviates the burden on HR personnel, who can now establish a unified wellness testing system for all their offices worldwide.

RexBooker, the versatile platform utilized by First Wellness Testing, serves as a comprehensive solution for various testing requirements, including flu vaccinations, wellness programs, and

voucher systems. With a particular focus on hybrid and home testing, this user-friendly platform facilitates the effortless process of ordering materials, participating in tests, and receiving flu vaccinations.



Staffan Sahlström, CEO  
 Camilla Nordström, Vice-President, Global Strategy

*"We specialise in providing personal wellness programs and holistic wellness testing, including mental health, in monitoring employees' well-being"*

The success of First Wellness Testing becomes evident in their exceptional ability to fulfill client requests, regardless of the country or scale of the project. They boast an impressive track record of surpassing expectations and meeting even the most demanding client demands. A notable example of their unwavering dedication is showcased during the COVID-19 pandemic when the company efficiently established a new laboratory within a mere 45 days to meet a client's urgent needs, despite challenges posed by underperforming laboratories. Moreover, their IT system was swiftly adapted to adhere to stringent COVID regulations. Another remarkable feat was their successful provision of flu vaccination services to countries where corporate flu vaccinations were not readily available.

First Wellness Testing enjoys a unique advantage with its expansive network and remarkable flexibility through the Global Medical Network. This network enables the company to recruit and manage certified local examiners tailored to the specific requirements of each project, granting them the capability to serve clients anywhere in the world.

To better meet the requirements from global corporations and its employees as well as from the Pharma Industry and its patients, FWT have decided to re-organize its organisation. HealthQnect and CliniQnect is part of the new First Wellness Testing Group AB (FWT-Group) under the leadership of Camilla Nordström (Chair) and Staffan Sahlström (CEO). Håkan Jegnell has assumed the role of CEO at HealthQnect AB, which specializes in Corporate Wellness, Global Vaccinations, and Covid-19 tests. On the other hand, CliniQnect AB, led by Patrik Åvestrand as CEO, is focused on providing hybrid clinical testing solutions.

In the complex landscape of the new hybrid work environment, First Wellness Testing stands as a trusted and guiding force. With their unparalleled adaptability and ability to customize their platform to cater to clients' individual needs, they are positioned to provide the indispensable services required to navigate these uncharted waters. **HR**

## First Wellness Testing Group



*The annual listing of 10 companies  
that are at the forefront of tackling customer  
challenges in Europe*